# 2020 Annual Report



NAME OF PROJECT: WEST AND CENTRAL AFRICAN PARTNERSHIP FOR MATERNAL, NEWBORN, CHILD AND ADOLESCENT HEALTH RESEARCH

LEAD RESEARCH INSTITUTION: DODOWA HEALTH RESEARCH CENTRE

COUNTRY OF LEAD INSTITUTION: GHANA

**RESEARCH TEAM: SEE NEXT PAGE** 

TIME PERIOD COVERED: JAN 2020 - DEC 2020

#### Research Institutions and Countries in the Consortium

All active Consortium membership institutions and partners active in the current reporting period by country of location in alphabetical order (with lead individuals within the institution shown in brackets):

- Benin (Francophone)
  - Center for Research in Human Reproduction and Demography (CERRHUD) (Jean Paul Dossou)
- Burkina Faso (Francophone)
  - o WAHO: (Issiaka Sombie, Virgil Lokossou)
  - Universite Catholique de l'Afrique de l'ouest: (Maurice Yaogo)
- Cote d'Ivoire (Francophone)
  - Université de l'Alliance Chrétienne d'Abidjan (UACA) /Ivorian Public Health Association : (Auguste Blibolo)
- Ghana (Anglophone)

Ghana Health Service, Research and Development Division: (John Williams-Director Dodowa Health Research Center, Nana Efua Enyimayew – Senior Bilingual Project Administrative Assistant, Grace Aye – Bilingual Project Administrative Assistant, Linda Lucy Yevoo – Doctoral trainee, Selina Defor-Doctoral trainee, Irene Akua Agyepong (Project PI)

- o Ghana Ministry of Health Joseph Dodoo, Doctoral trainee
- o Ghana institute of Management and Public Administration (GIMPA) (Gina Teddy)
- African Media and Malaria Research Network (AMMREM) / WOMEC: (Charity Binka)
- Niger (Francophone)
  - Laboratoire d'Etudes et de Recherche sur les Dynamiques Sociales et le Développement Local (LASDEL) (Ali Bako, Abdjoua El Haji Dagobi)
- Gambia
  - o Ayo Palmer
- Partners in South Africa for capacity building young and middle level West African researchers in HPSR & MNCAH through Doctoral Level Training
  - University of Cape Town (Lucy Gilson & Maylene Shun-King)
  - University of the Western Cape (Uta Lehman)
- Partners in ITM Antwerp for capacity building young and middle level West African researchers in HPSR & MNCAH through doctoral level training
  - o Wim van Damme

### Advisory Committee Members (in alphabetical order)

- Stella Anyangwe, Professor Emeritus, Univ. of Pretoria South Africa /Cameroon
- Samba Cor, Ministry of Health /Senegal
- John Gyapong, Vice Chancellor University of Health and Allied Services/ Ghana
- Jean Pierre Olivier de Sardan, LASDEL/Niger
- Ayo Palmer, The Gambia
- Gloria Quansah-Asare, Deputy Director General Ghana Health Service /Ghana

### Steering Committee Members

- Irene Akua Agyepong, Project Pl
- Issiaka Sombie, West African Health Organization (WAHO)
- Abraham Hodgson, Director, Research and Development Directorate, Ghana Health Service
- Marie Gloriose Ngabire, IDRC Canada

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### Synthesis

Health systems are the common-pool resource on which all programs in the health sector including Maternal, Newborn, Adolescent and Child Health (MNCAH) programs draw. Across sub-Saharan Africa, health systems continue to face multiple, complex and urgent challenges in ensuring that service delivery is efficient, effective and equitable. This weakness affects the ability to implement and scale up effective interventions to improve MNCAH outcomes.

The aim of this project is to conduct multi-level capacity strengthening and networking at individual-, institutional- and country-level in West and Central Africa for leadership in Health Policy and Systems (HPS) and Maternal Newborn Child and Adolescent health (MNCAH) research and practice. This is to support context-relevant and effective policy and program decision-making and implementation for MNCAH improvements in West and Central Africa, and to monitor and evaluate the processes and impact of the program and its lessons.

#### Specific objectives are to:

- 1. Strengthen <u>health leadership capacity</u> for research, innovation and change for decision-making and implementation of high quality, effective, efficient and equitable MNCAH programs and services which improve health outcomes in West and Central Africa.
- Strengthen <u>HPS and MNCAH research capacities</u> in West and Central Africa in order to generate evidence to support context-relevant and effective policy and program decisionmaking and implementation of quality, effective and efficient MNCAH services and outcomes in West and Central Africa.
- Strengthen researcher ability to work with decision-makers and implementers to identify
  relevant research agendas, and to generate, package and disseminate research information
  to support policy development and implementation in West and Central Africa.
- 4. Support and develop multi-disciplinary <u>multi-level leadership and research networks</u> for HPS and MNCAH in West and Central Africa.
- 5. Collaborate with the West African Health Organisation (WAHO) at the contextual level to promote the use of evidence for MNCAH programs and HPS strengthening for improved outcomes in West and Central Africa.
- Monitor and evaluate the processes and impact of the program and lessons for MNCAH improvements.

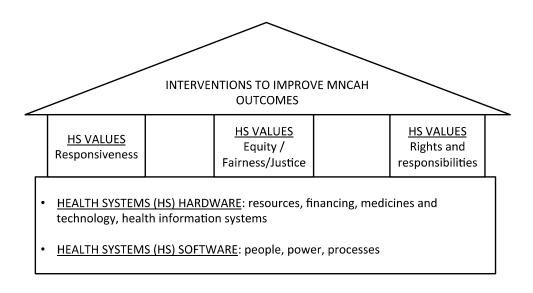
#### The Research problem

To achieve these objectives, the project adopts an implementation methodology that involves the development and implementation of three linked clusters of interventions related **to (i) leadership, research and practice capacity strengthening; (ii) networking; and (iii) collaboration with WAHO** in its role in the Innovating for Maternal and Child Health in Africa (IMCHA) program as a Health Policy Research Organization (HPRO) for evidence-informed policy advocacy to support MNCAH improvements. This initiative is founded on South-South collaboration, partnership and networking. The research component focuses on monitoring and evaluating how and why the project works (or does not work) to achieve what outcomes in the medium-term time frame (5 years) of the grant.

#### **CONCEPTUAL FRAMEWORK**

The conceptual framework guiding the design and implementation of the proposed interventions theorizes that health systems are the foundation on which interventions to improve MNCAH rest. MNCAH programs designed and implemented without attention to a strong health systems foundation may produce results in the short term but sustainability will be a problem and the programs will lack resilience: the resilience of MNCAH programs is bound to the resilience of the health system in which they operate. Health system 'hardware' are the resources (human as well as infrastructure, equipment, tools and supplies), financing arrangements, heath information systems, medicines and technology. Also, key in the determinants of the resilience of health systems are people within health systems, their power and how they choose to exercise it, and the processes they set up and operate to run the health system. The values (both implicit and explicit) on which health systems are built – issues of responsiveness, equity, fairness or justice, rights and responsibilities – are key pillars that also determine the strength of health systems. These foundations and pillars support any interventions that are put in place in a health system to service the population and influence the outcome of these interventions. This includes interventions to improve the health of mothers, newborns, infants, children and adolescents. This is illustrated diagrammatically in the figure below:

# Health Systems Hardware, software and values as supporting "infrastructure" of interventions



The interventions of the project target three levels of capacity strengthening: individual, institutional and contextual in order to support and enable strong and resilient interventions that improve MNCAH outcomes. These interventions have the specific intention of building and supporting: (a) research and practice leadership; (b) networking; and (c) advocacy within and between West African health systems to catalyze innovation for health systems development to support effective and sustainable scale-up of MNCAH interventions. These interventions are summarized in the table below:

Individual & institutional level		Contextual level

Themes	Capacity building	Networking	Collaboration with WAHO as an HPRO
	(Objectives 1 – 3)	(Objective 4)	(Objective 5)
Leadership (Objective 1)  Research (Objective 2)	<ul> <li>West African bi-annual seminars: Leadership modules</li> <li>leadership mentorship program</li> <li>Support to Pan African DrPH program development and implementation</li> <li>West African bi-annual seminars: HPS and MNCAH research modules</li> <li>HPS and MNCAH research projects</li> <li>Research supervisor/mentor program</li> <li>Specialist Master's program</li> <li>Peer-reviewed journal publication support</li> </ul>	<ul> <li>West African emerging HPS research and practice network (WANEL)</li> <li>Communities of practice</li> <li>Global conference e.g. HSG participation support grants for emerging leaders with accepted abstracts</li> <li>Annual partnership meetings</li> </ul>	Promotion of the use of evidence for decision making Strengthened collaboration between researchers and decision makers
Practice (Objective 3)	<ul> <li>West African bi-annual seminars: Researchers         "how to" work with decision makers and implementers modules</li> <li>Research communication interventions</li> <li>Researcher, media and civil society engagement program</li> </ul>		

Monitoring and Evaluation	<ul><li>Qualitative process documentation</li><li>Quantitative output and impact documentation</li></ul>
(Objective 6)	Evaluation of the program ('how' and 'why' the program works to produce the documented impacts)

## Research Findings

# COMCAHPSS Obj/WP 2 and Obj/WP 6 – Research

Coaching Mentoring and Support for Doctoral Level Capacity Building in HPS and MNCAH in West Africa

The status of the COMCAHPSS doctoral fellows and their research projects at the end of the current reporting period are as summarized in the table below.

Trainee	Nationality	PHD thesis topic	Scholarship	University of	Institutional supervisor	CoMCAHPSS	Comments
			status	enrolment		coach/mentor	
Fatima	Cameroon	How and Why of	COMCAHPSS	Institute of	Wim van Damme &	Pierre Ongolo	PhD status
Moulioum		Researcher	funding	Tropical	Sarah van Belle (ITM)	Sylvie Kwedi	terminated
		Capacity to work		Medicine	Bruno Marchal	Nolna	
		with policy		(ITM) Antwerp			
		makers and					
		implementers in					
		Cameroon					
Ibrahim	Niger	Technical and	Has obtained a	Has obtained	Roxane Borges Da Silva	Dr. Rahamane	COMCAHPSS
Nassirou		Allocative	tuition waiver	admission in	_	of LASDEL	is funding
		efficiency of	from UoM so he	the University			Working to
		provision of	pays Canadian	of Montreal.			defend
		primary care	rather than	Obtained his			research
		adolescent	international	visa has been			protocol later
		reproductive	fees.	in Montreal			this year
		services and		for course			•
		utilization		work since			
				September			
				2018			

Trainee	Nationality	PHD thesis topic	Scholarship status	University of enrolment	Institutional supervisor	CoMCAHPSS coach/mentor	Comments
Ben Verboom	Canada	Regional cooperation to strengthen evidence-to-policy processes in health: A realist evaluation of the work of the West African Health Organization (WAHO)	Trudeau Scholarship	Oxford, UK		Issiaka Sombie, WAHO	Disruptions in travel activities for PHD purposes due to Covid-19 pandemic but on track to submit PHD by the end of the year
Selina Defor	Ghana	WANEL evaluation	CoMCAHPSS funding. The funding for position of project coordinator has been converted into a PHD training grant	UWC	Uta Lehman	Irene Agyepong, GHS /RDD	Research Proposal has been submitted and is awaiting feedback. Exploring possibility of remote data collection due to Covid-19 disruption
Joe Dodoo	Ghana	How Central level policy actors sustain (or not) policy change	WAHO has provided a full scholarship for his training	UCT	Lucy Gilson /Maylene Shun-King	Irene Agyepong	Working on document analysis. Disruption in timelines due to Covid-19

Trainee	Nationality	PHD thesis topic	Scholarship status	University of enrolment	Institutional supervisor	CoMCAHPSS coach/mentor	Comments
							pandemic
Abigail Derkyi -Kwarteng	Ghana	Why are NHIS clients in Ghana paying OOP and implications for UHC policy and equity	Obtained AHPSR HPA fellows grant to support research	GCPS	Irene Agyepong /Lucy Gilson		
Andy Ayim	Ghana	How and Why district assemblies support health	Still searching for funding to support research	GCPS	Irene Agyepong /Nana K.A. Enyimayew		

# Project implementation and management

The table below summarizes activities in relation to objectives and timelines in 2020.

Objective	Activity	Status	Comments
Obj 1. Strengthen <u>health leadership</u> <u>capacity</u>	Offering of leadership modules in West African seminar series	The New-Year school successfully took place	
	New-Year school (Abidjan) 17 <sup>th</sup> – 21 <sup>st</sup> February 2020		
Obj. 2.	COMCAHPSS Training	Ongoing	
Strengthen HPS & MNCAH research capacity			
Obj. 3. Strengthen <u>researcher ability</u> to work with decision makers	Development of modules on HPS and MNCAH policies and programs advocacy design & management Offering of modules in West African summer series	Modules' draft completed. Edited and translated into French for use in New year school New-Year school (Abidjan) 17 <sup>th</sup> – 21 <sup>st</sup> February 2020	
Obj. 4 Networking	WANEL online Governance Committee to discuss the way forward for the network.	All meetings happened as planned	Meeting took place online (via zoom).
	WANEL Leaders meeting with the director of the Dodowa Health Research Centre		Meeting was held successfully
	Incorporation of WANEL	Successful	On track
	Annual meeting of consortium partners		Meeting did not happen due to covid 19 pandemic
	Development of website	WANEL and COMCAHPSS websites established in first year. Maintenance on going	On track
	Maintenance of website	Ongoing	On track
	Collaboration with WAHO	Ongoing	On track
Obj 5 Evidence to Policy			

Objective	Activity	Status	Comments
Obj. 6. Monitor and evaluate the program	Project secretariat	Fully functional.	
Project Administration	Project steering committee and advisory committee	Functional	No meeting was held due to the covid 19 Pandemic